**I-131 Hyperthyroid Therapy**

***Planning ahead:***

* You may not have this exam if you are breastfeeding, have had iodine within four weeks before the exam, or have been eating iodine-rich vitamins or foods.
* If you are woman of childbearing age, you must have a serum pregnancy test no more than 80 hours before taking the medication prescribed for this exam, unless you have been surgically sterilized.
* **Do not eat, drink, or smoke anything for two hours before taking the pill prescribed for this exam.**
* **Arrive at the hospital 30 minutes before your exam is scheduled.** Ask the scheduler what time that is.

***Bring with you to the hospital when you come for your test:***

* Complete list of medications you are currently taking – name and dosage for each medication, and when you take it.
* Written physician’s order for the test.

***On the day of the test:***

* Come in through the main entrance of Mon General Hospital, then down the hallway to the Radiology Services registration desk.

For more information on nuclear medicine, visit <http://healthlibrary.mongeneral.com/Search/85,P01290>

Or call the Mon General Nuclear Medicine Department at (304) 598-1280.